

Mparntwe Alice Springs Community Foundation

Community Builder of the Week - Tiffany Keane - Riding for the disabled



Who long have you lived in Alice Springs? 12 years

Favourite sports teams, band or movie and why... My favourite sports team are the Parramatta Eels!!! Been following them for over 50 years!

What role do you play in your community group/activity/action? I am the current Manager at Riding for the Disabled here in Alice Springs. It is probably the most fulfilling job I have ever had - to see people's lives transformed before your very eyes is a true blessing!

Why is your community group/activity/action important? RDA Alice Springs reaches some of the most vulnerable people in our community, helping them to achieve a sense of self-worth, resilience & personal achievement through the beauty of working with horses- equine assisted personal development is one of the most beautiful therapies available.

Why do you volunteer? I am passionate about seeing people's lives transformed & changed for the better. To be able to do that as part of my job...it doesn't get any better than that!

What achievements are you most proud of? In 2017 I won the Mayors Champion Award for the Disability sector-this award is given for "A person with or without disability who has been an advocate for the rights and well-being of people with disability". I am so proud of this achievement. But what I think I am most proud of are our participants- how they overcome their fears, how they grow in confidence, how the selective mute starts to talk, how the painfully shy now instigate conversations, how those with anxiety learn to regulate their emotions, all because of the horses!

Anything else you would like to say? More than anything RDA needs horse sponsorship. It takes a very special horse to be an RDA horse.

If you are interested in sponsoring a horse, we would love to hear from you- you too can be a part of making a difference! We also need volunteers so if you are interested, please email us at rda.alice@gmail.com

If you'd like to nominate someone to be the Community Builder of the Week, email editorial@centraliantoday.com.au



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